

Touch for Health Kinesiology Courses - Bristol 2011/12

Thurs 21/07/11- Sun 24/07/11	Touch for Health Summer Intensive - Bristol Learn TFH Levels 1 & 2 together with some extra techniques including food testing. Optional foundation assessment can be arranged after the course for those not continuing further	£445
Sat 08/10/11 Sun 09/10/11	Touch for Health Level 1 Learn the basics of Touch for Health and practical techniques to start helping yourself, family & friends restore physical, emotional and biochemical balance.	£225
Sat 19/11/11 Sun 20/11/11	Touch for Health Level 2 Extend the basic concepts further, learn new muscles and discover the Chinese 5 Elements to enable greater self awareness and achievement of goals	£225
Sat 21/01/12 Sun 22/01/12	Touch for Health Level 3 More new muscles, stress and pain management techniques. Improve posture by understanding the relationships between different parts of the body.	£225
Sat 18/02/12 Sun 19/02/12	Touch for Health Level 4 Work with all the material learnt so far and deepen your knowledge of energy flow within the Chinese 5 Elements. Balancing to include Sound, Colour and Emotions.	£225
Sat 24/03/12 Sun 25/03/12	Touch for Health Level 5 Learn new tools to enable you to consolidate your knowledge, explore ways to help others more effectively and progress towards working professionally	£225
Sat 12/05/12	Optional TFH Proficiency Assessment An opportunity to be recognised for your achievements so far and enable you to move on to the Touch for Health Professional Training. Includes international Proficiency Certificate	£125

Course Materials - All necessary materials are included in the course prices stated above together with tea, coffee & water each day. You will receive your course text at Touch for Health Level 1 and each course includes an activity pack and a certificate from the International Kinesiology College, Australia. The activity pack can be used for fun to help learn the material but also will form your portfolio of evidence if you choose to be assessed after Level 5 and move on to Touch for Health Professional Training.

Our Instructors - Hazel Miller and Tamsyn Grant are registered Touch for Health Instructors with the International Kinesiology College, Australia. We have a range of skills to maximise your learning experience with us.

Any questions? We will be happy to hear from you with any questions about our range of courses on 0845 257 1137 or 07793 315642. Alternatively you will find further details on our website www.touchforhealth.co.uk

